

2022-2023

HEALTHY  
MEALS



# Pompton Lakes High School

## Breakfast

<b>Student Breakfast</b>	<b>\$2.75</b>	<b>Adult Breakfast</b>	<b>\$3.25</b>
<b>Reduced Breakfast</b>	<b>\$0.00</b>		

## Lunch

<b>Student Lunch</b>	<b>\$4.00</b>	<b>Adult Lunch</b>	<b>\$4.50</b>
<b>Student Entrée Only</b>	<b>\$3.50</b>	<b>Reduced Lunch</b>	<b>\$0.00</b>

## Beverages

<b>Milk</b>	<b>\$0.65</b>	<b>100% Juice</b> 4 oz.	<b>\$0.60</b>
<b>Bottled Water</b> 8 oz./16 oz.	<b>\$0.50/\$1.00</b>	<b>Snapple</b>	<b>\$2.00</b>

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit</b>	<b>\$0.75</b>	<b>Soft Pretzel</b>	<b>\$0.75</b>
<b>Baked Chips</b>	<b>\$1.00</b>	<b>Fresh Baked Cookie</b>	<b>\$0.50</b>
<b>Savory Soup</b>	<b>\$1.25</b>	<b>Ice Cream</b>	<b>\$1.00/\$1.50</b>
		<b>Rice Krispie Treat</b>	<b>\$1.00</b>



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**QUESTIONS OR COMMENTS?**  
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow  
*healthy kids!*